



Roles:
Which roles do you have in different areas of your life?

Goals:
What do you want to achieve?

Purpose:
What is your higher goal in life?
What is your personal vision?

Strengths:
What are you good at?
Which personal qualities help you achieve your goals?

Weaknesses:
What could you improve at?
Which personal qualities hinder you from achieving your goals?

Behavior:
How do you express your values?
What does that look like?

Values:
What do you stand for?
What are your guiding principles?

Growth:
How can you improve yourself?
How can you grow as a person?

Needs:
What do you need to be successful in your roles and reach your goals?